



OT · PT · ST

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Gross Motor Skills	Fine Motor Skills	Speech and Language Skills
<p>By 4 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Bears weight on forearms when on belly <input type="checkbox"/> Holds head in midline <input type="checkbox"/> Rolls from back to side <input type="checkbox"/> Bring hands together when laying on back 	<p>By 4 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Grasps rattle when placed in hand <input type="checkbox"/> Brings hands to mouth <input type="checkbox"/> Hits a dangling object with hands (using whole arm) <input type="checkbox"/> Responds to smile with a smile <input type="checkbox"/> Follows a person's movement 	<p>By 4 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sucks from breast or bottle <input type="checkbox"/> Cooing (vowel sounds) <input type="checkbox"/> Produces a variety of facial expressions <input type="checkbox"/> Cries change for different needs <input type="checkbox"/> Smiles when you talk
<p>By 6 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sits alone for short periods by propping <input type="checkbox"/> Begins to belly crawl/move backwards on belly <input type="checkbox"/> Rolls back to belly <input type="checkbox"/> Grabs and plays with feet <input type="checkbox"/> On belly props up on straight elbows 	<p>By 6 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Holds hands together <input type="checkbox"/> Reaches for a toy when playing on belly <input type="checkbox"/> Puts fingers in mouth <input type="checkbox"/> Begins to transfer objects <input type="checkbox"/> Holds a toy and shakes it 	<p>By 6 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cup drinking is introduced <input type="checkbox"/> Consumes soft, smooth solids <input type="checkbox"/> Enjoys listening to music <input type="checkbox"/> Looks to new sound <input type="checkbox"/> Giggles and laughs
<p>By 9 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Maintains sitting for at least 60 seconds with hands free to play <input type="checkbox"/> Crawls independently <input type="checkbox"/> Pulls to standing from floor <input type="checkbox"/> Gets into and out of sitting 	<p>By 9 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pokes objects using index finger <input type="checkbox"/> Takes objects to mouth <input type="checkbox"/> Releases objects intentionally <input type="checkbox"/> Begin raking grasp/pincer <input type="checkbox"/> Bangs toy on floor 	<p>By 9 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Babbles same sounds <input type="checkbox"/> Responds to "no" <input type="checkbox"/> Vocalizes different syllables <input type="checkbox"/> Tolerates smooth solid foods <input type="checkbox"/> Enjoys pat-a-cake and/or peek-a-boo
<p>By 12 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cruises along furniture <input type="checkbox"/> Independent standing <input type="checkbox"/> Corrals a ball with arms and hands in sitting <input type="checkbox"/> Transitions sit to stand and stand to sit 	<p>By 12 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Hold 2 smalls objects in 1 hand <input type="checkbox"/> Grasp thick crayon or pencil in fist, does not mark <input type="checkbox"/> Turns page of a cardboard book <input type="checkbox"/> Helps to pull off simple clothing (i.e., shoes/socks) <input type="checkbox"/> Puts objects into others (ex: block into cup) 	<p>By 12 Months</p> <ul style="list-style-type: none"> <input type="checkbox"/> Feeds self with fingers <input type="checkbox"/> Babbles using different sounds <input type="checkbox"/> Takes turns vocalizing <input type="checkbox"/> Points/gestures <input type="checkbox"/> Produces at least one word
<p>By 18 Months (1 ½ years)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Walks independently with arms at side <input type="checkbox"/> Walks up and down 3-4 steps with railing <input type="checkbox"/> Walks backwards 5 steps <input type="checkbox"/> Throws a ball while maintaining balance 	<p>By 18 Months (1 ½ years)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turns a container to pour or dump contents <input type="checkbox"/> Bangs objects together <input type="checkbox"/> Scribbles on paper <input type="checkbox"/> Gets spoon in mouth right side up <input type="checkbox"/> Builds a tower of 3-4 blocks 	<p>By 18 Months (1 ½ years)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Uses 10-20 words <input type="checkbox"/> Imitates environmental sounds <input type="checkbox"/> Names at least 5 items <input type="checkbox"/> Responds (gestures/vocalizes) to "yes/no" <input type="checkbox"/> Retrieves objects from another room when asked

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<p>By 2 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stoops down to retrieve toy, returns to standing <input type="checkbox"/> Jumps down off low surface (i.e., curb) <input type="checkbox"/> Goes up stairs without rail (both feet on each step) <input type="checkbox"/> Throws ball 3 feet in air <input type="checkbox"/> Kicks ball 3 feet forward 	<p>By 2 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Turns doorknob <input type="checkbox"/> Turn pages of book 1 at a time <input type="checkbox"/> Zips and unzips easy zippers <input type="checkbox"/> Remove pegs/place rings on pegs <input type="checkbox"/> Imitates vertical lines <input type="checkbox"/> Builds a tower of 6-8 blocks 	<p>By 2 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Combines 2-word combinations (i.e., mama sit) <input type="checkbox"/> Eats table foods with mixed textures <input type="checkbox"/> Uses 100 words (including approximations) <input type="checkbox"/> Points to pictures in a book when you name them <input type="checkbox"/> Identifies at least 5 body parts and few clothing items
<p>By 2 ½ years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stands on one foot for 3 seconds (hands on hips) <input type="checkbox"/> Jumps forward 24 inches <input type="checkbox"/> Jumps down 24 inches <input type="checkbox"/> Catches a large ball <input type="checkbox"/> Throws ball underhand 	<p>By 2 ½ years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Washes hands by self <input type="checkbox"/> Snips paper with scissors <input type="checkbox"/> Removes screw top bottle lid <input type="checkbox"/> String beads after model <input type="checkbox"/> Imitates drawing horizontal line <input type="checkbox"/> Completes 3-piece puzzle 	<p>By 2 ½ years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Answers “what is your name” (first name) <input type="checkbox"/> Answers “where” questions <input type="checkbox"/> Uses 3–4-word utterances <input type="checkbox"/> Identifies objects by function <input type="checkbox"/> Responds to greetings <input type="checkbox"/> Has approximately 400 words
<p>By 3 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Walks upstairs without a rail (one foot on each step) <input type="checkbox"/> Rides a tricycle <input type="checkbox"/> Hops 3 times on one foot <input type="checkbox"/> Kicks a large ball in place 	<p>By 3 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cuts across paper <input type="checkbox"/> Grasps pencil with thumb and fingers instead of fist <input type="checkbox"/> Draws circle <input type="checkbox"/> Complete lacing cards <input type="checkbox"/> Sorts objects by shape and size 	<p>By 3 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Converses in sentences <input type="checkbox"/> Asks questions <input type="checkbox"/> Responds to variety of why-questions <input type="checkbox"/> Is 75% intelligible in connected speech <input type="checkbox"/> Uses some pronouns (I, you, me, mine, my, we)
<p>By 4 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stands on one foot for 5 seconds (hands on hips) <input type="checkbox"/> Hops 5-8 times on each foot <input type="checkbox"/> Rides 2-wheel bike with training wheels <input type="checkbox"/> Walks backwards on a line over 4 feet <input type="checkbox"/> Jumps forward 30 inches 	<p>By 4 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Puts socks on correctly <input type="checkbox"/> Cuts & traces on straight line <input type="checkbox"/> Dresses and undresses without much help <input type="checkbox"/> Draws a person with 3 different body parts <input type="checkbox"/> Consistently uses one hand 	<p>By 4 years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Uses 4–5-word sentences <input type="checkbox"/> Understands time concepts <input type="checkbox"/> Identifies >5 shapes and colors <input type="checkbox"/> Follows multi-step directions
<p>By 5 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Complete sit ups <input type="checkbox"/> Able to skip <input type="checkbox"/> Complete jumping jacks <input type="checkbox"/> Completes push ups <input type="checkbox"/> Rides a 2-wheeler without training wheels 	<p>By 5 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Cuts a square and circle <input type="checkbox"/> Copies color/shape sequence <input type="checkbox"/> Manipulates buttons/snaps/zippers <input type="checkbox"/> Completes simple dot to dot pictures <input type="checkbox"/> Begin to print name <input type="checkbox"/> Folds paper in half 	<p>By 5 Years</p> <ul style="list-style-type: none"> <input type="checkbox"/> Knows common opposites (hot/cold, new/old, large/small) <input type="checkbox"/> Can tell a story with plot <input type="checkbox"/> Is 90-100% intelligible (connected speech) <input type="checkbox"/> Asks questions to get more information